



YOU NEVER MISS A PRENATAL VISIT. YOU ARE MY FATHER.

You are starting on the adventure of a lifetime: you get to be a father. You are needed from the start: to learn, to be involved, to be responsible, and to care for the mother.

As a father, you can show you care by supporting the mother at every step of the pregnancy.

Not only will you discover things you never knew about yourself, you will help significantly increase the chances of a safe and comfortable birth for your child and their mother.

For more on fatherhood and responsibility, go to www.Men-Care.org

Men Care

MenEngage
boys and men for gender equality
Africa

Sonke Gender
Justice Network
HIV/AIDS, Gender Equality, Human Rights

PROMUNDO